

The following is a listing of all Skylight Services that can be financed through NDIS plan, and the corresponding line items they use.

Some services may use different rates depending on the factors such as:

- a) Your location in accordance to the Modified Monash Model (MMM). Your MMM can be determined at the following website: <a href="https://www.health.gov.au/resources/apps-and-tools/health-workforce-locator/health-workforce
- b) The time of day that the support is delivered
- c) The day of the week that the support is delivered
- d) The intensity of the support
- e) Public Holidays

For services where such factors apply, all relevant line items are included. More information on code hierarchy can be found in the NDIS price guide.

If a service is marked 'Yes' in the travel column, this means that travel to and/or from the support will be charged in accordance with the NDIS price guide.

<u>Services</u>

Activity Programs

Our Activity Groups are a way for you to socialise, develop new friendships and explore a range of activities in your local community. We offer a broad range of programs such as art, music, cooking, movies, bushwalking, and many more.

These are all held in an inclusive and supporting environment, and are designed to energise and engage your creativity. Active & Social supports are financed through core funds.

Activities are billed at the following rates:



| Support Item Number | Support Item Name | <u>Unit</u> | <u>National</u> | Remote | <u>Very</u> | <u>Travel</u> |
|------------------------|---|-------------|-----------------|----------|-------------|---------------|
| Number | | | | | Remote | |
| 04_102_0136_6_1 | Group Activities - Standard - Weekday Daytime | Hour | \$67.56 | \$94.58 | \$101.34 | Yes |
| 04_103_0136_6_1 | Group Activities - Standard - Weekday Evening | Hour | \$74.44 | \$104.22 | \$111.66 | Yes |
| 04_104_0136_6_1 | Group Activities - Standard - Saturday | Hour | \$95.07 | \$133.10 | \$142.61 | Yes |
| 04_105_0136_6_1 | Group Activities - Standard - Sunday | Hour | \$122.59 | \$171.63 | \$183.89 | Yes |
| 04_106_0136_6_1 | Group Activities - Standard - Public Holiday | Hour | \$150.10 | \$210.14 | \$225.15 | Yes |
| 04_599_0136_6_1 | Centre Capital Cost | Hour | \$2.53 | \$3.54 | \$3.80 | No |
| 04_799_0136_6_1 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 04_591_0136_6_1 | Activity Based Transport | Each | \$1.18 or \$2 | No | | |

Individual Support

Skylight Support Workers will work with you to assist you to live a meaningful life as defined by you. Our workers provide support and work towards the goals that are important for you to achieve.

Whether you want support to access the community, meet new people, develop a new skill or get on top of your day-to-day life, your Support Worker will be there to assist you.

Core

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|---|------|----------|---------|----------------|--------|
| 01_011_0107_1_1 | Assistance With Self-Care Activities - Standard - Weekday Daytime | Hour | \$67.56 | \$94.58 | \$101.34 | Yes |



| 01_015_0107_1_1 | Assistance With Self-Care Activities - Standard - Weekday Evening | Hour | \$74.44 | \$104.22 | \$111.66 | Yes |
|-----------------|--|------|----------|----------|----------|-----|
| 01_002_0107_1_1 | Assistance With Self-Care Activities - Standard - Weekday Night | Hour | \$75.82 | \$106.15 | \$113.73 | Yes |
| 01_013_0107_1_1 | Assistance With Self-Care Activities - Standard - Saturday | Hour | \$95.07 | \$133.10 | \$142.61 | Yes |
| 01_014_0107_1_1 | Assistance With Self-Care Activities - Standard - Sunday | Hour | \$122.59 | \$171.63 | \$183.89 | Yes |
| 01_012_0107_1_1 | Assistance With Self-Care Activities - Standard - Public Holiday | Hour | \$150.10 | \$210.14 | \$225.15 | Yes |
| 01_799_0107_1_1 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 04_104_0125_6_1 | Access Community Social and Rec Activ - Standard - Weekday Daytime | Hour | \$67.56 | \$94.58 | \$101.34 | Yes |
| 04_103_0125_6_1 | Access Community Social and Rec Activ - Standard - Weekday Evening | Hour | \$74.44 | \$104.22 | \$111.66 | Yes |
| 04_105_0125_6_1 | Access Community Social and Rec Activ - Standard - Saturday | Hour | \$95.07 | \$133.10 | \$142.61 | Yes |
| 04_106_0125_6_1 | Access Community Social and Rec Activ - Standard - Sunday | Hour | \$122.59 | \$171.63 | \$183.89 | Yes |
| 04_102_0125_6_1 | Access Community Social and Rec Activ - Standard - Public Holiday | Hour | \$150.10 | \$210.14 | \$225.15 | Yes |
| 04_799_0125_6_1 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 04_590_0125_6_1 | Activity Based Transport | Each | \$1.18 | | | No |



CB – Increased Social and Community Participation

| Support Item | Support Item Name | Unit | National | Remote | Very | Travel |
|-----------------|--|------|----------|----------|----------|--------|
| Number | | | | | Remote | |
| 09_006_0106_6_3 | Life Transition Planning Incl. Mentoring Peer- | Hour | \$77.00 | \$107.80 | \$115.50 | Yes |
| | Support And Indiv Skill Develop | | | | | |
| 09_009_0117_6_3 | Skills Development And Training | Hour | \$77.00 | \$107.80 | \$115.50 | Yes |
| | | | | | | |
| 09_799_0106_6_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 09_590_0106_6_3 | Activity Based Transport | Each | \$1.18 | | | No |
| 09_591_0117_6_3 | Activity Based Transport | Each | \$1.18 | | | No |
| 09_799_0117_6_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |

CB - Improved Daily Living

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|--|------|----------|---------|----------------|--------|
| 15_035_0106_1_3 | Assistance With Decision Making Daily Planning and Budgeting | Hour | \$67.56 | \$94.58 | \$101.34 | Yes |
| 15_037_0117_1_3 | Skill Development And Training including Public Transport Training | Hour | \$67.56 | \$94.58 | \$101.34 | Yes |
| 15_799_0106_1_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 15_799_0117_1_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |



Support Coordination

With Skylight, you will work with your own Support Coordinator, who is there to provide guidance and manage your NDIS budget. We work with you to discover the services and programs best suited to achieving your goals, negotiate agreements, service bookings or provide training so you can self-manage your support team.

Support Coordination services are financed through capacity building funds, and uses the following line items:

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|---|------|----------|----------|----------------|--------|
| 07_001_0106_8_3 | Support Coordination Level 1: Support Connection | Hour | \$77.00 | \$107.80 | \$115.50 | Yes |
| 07_002_0106_8_3 | Support Coordination Level 2: Coordination of Supports | Hour | \$100.14 | \$140.19 | \$150.21 | Yes |
| 07_004_0132_8_3 | Support Coordination Level 3: Specialist Support Coordination | Hour | \$190.54 | \$266.75 | \$285.80 | Yes |
| 07_799_0106_6_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |
| 07_799_0132_8_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |

Psychosocial Recovery Coaching

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|--|------|----------|----------|----------------|--------|
| 07_101_0106_6_3 | Psychosocial Recovery Coaching - Weekday Daytime | Hour | \$101.42 | \$141.99 | \$152.13 | Yes |
| 07_102_0106_6_3 | Psychosocial Recovery Coaching - Weekday Evening | Hour | \$111.74 | \$156.44 | \$167.61 | Yes |



| 07_103_0106_6_3 | Psychosocial Recovery Coaching - Weekday Night | Hour | \$113.81 | \$159.33 | \$170.72 | Yes |
|-----------------|---|------|----------|----------|----------|-----|
| 07_104_0106_6_3 | Psychosocial Recovery Coaching - Saturday | Hour | \$142.71 | \$199.79 | \$214.07 | Yes |
| 07_105_0106_6_3 | Psychosocial Recovery Coaching - Sunday | Hour | \$184.01 | \$257.61 | \$276.02 | Yes |
| 07_106_0106_6_3 | Psychosocial Recovery Coaching - Public Holiday | Hour | \$225.31 | \$315.43 | \$337.97 | Yes |
| 07_501_0106_6_3 | Activity Based Transport | Each | \$1.18 | | | No |
| 07_799_0106_6_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |

Therapeutic Services

Our Therapeutic Services included individualised counselling and group-based therapy. We will work with you to develop coping strategies and discover areas of your life that require attention and care.

Our support aims to reduce the impact of stress and anxiety, improve resilience, self-knowledge, well-being and quality of life. All our services are developed and delivered by registered counsellors, clinicians or therapy assistants. Therapeutic Services are financed from capacity building funds, and use the following line items:

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|--|------|----------|----------|----------------|--------|
| 15_043_0128_1_3 | Assessment Recommendation Therapy or Training - Counsellor | Hour | \$156.16 | \$218.62 | \$234.24 | Yes |
| 15_054_0128_1_3 | Assessment Recommendation Therapy or Training - Psychologist | Hour | \$244.22 | \$341.91 | \$366.33 | Yes |



| 15_610_0128_1_3 | Assessment Recommendation Therapy or Training - Art Therapist | Hour | \$193.99 | \$271.59 | \$290.99 | Yes |
|-----------------|--|------|----------|----------|----------|-----|
| 15_615_0128_1_3 | Assessment Recommendation Therapy or Training - Music Therapist | Hour | \$193.99 | \$271.59 | \$290.99 | Yes |
| 15_056_0128_1_3 | Assessment Recommendation Therapy or Training - Other Professional | Hour | \$193.99 | \$271.59 | \$290.99 | Yes |
| 15_799_0128_1_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |

Carer Support

At Skylight, we value the contribution of family, friends and other informal supports. We also recognise the toll that this can take, and the need for carer support.

Our Carer Support programs aim to assist people who are supporting a loved one with mental illness. We offer a number of short courses for carers and family members. As well as the person themselves who is living with the mental illness.

Courses are led by facilitators; many of whom with lived experience of being a carer. These programs provide practical insight and interventions to negotiate challenges created by mental illness.

Carer Support are financed through capacity building funds, and is billed at the following line items:

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|------------------------------------|------|----------|----------|----------------|--------|
| 15_038_0117_1_3 | Training For Carers/Parents | Hour | \$77.00 | \$107.80 | \$115.50 | Yes |
| 15_799_0117_1_3 | Provider travel - non-labour costs | Each | \$1.18 | | | No |



Plan Management

NDIS Plan Management is a way for you to control your choices, plan your support and achieve your goals. At Skylight, we manage your NDIS plan with you – handling your budget, reporting and invoicing – so you can focus on your journey

Plan management services are billed from capacity building funds, and use the following line items:

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|--|-------|----------|----------|----------------|--------|
| 14_033_0127_8_3 | Plan Management And Financial Capacity Building - Set Up Costs | Each | \$232.35 | \$325.29 | \$348.54 | No |
| 14_034_0127_8_3 | Plan Management - Financial Administration | Month | \$104.45 | \$146.23 | \$156.67 | No |

Establishment Fees

| Support Item Number | Support Item Name | Unit | National | Remote | Very Remote | Travel |
|------------------------|---|------|----------|----------|----------------|--------|
| 01_049_0104_1_1 | Establishment Fee For Personal Care/Participation | Each | \$675.60 | \$945.84 | \$1,013.40 | No |