

SKYLIGHT ACTIVITY GROUPS

MURRAYLANDS COMMUNITY TIMETABLE



Day	Activity	Time	Location
Monday			
Tuesday	Art Group	9:30am – 12:00pm	Murraylands Skylight Office
	Wellbeing Group	1:30pm – 3:30pm	Murraylands Skylight Office
	Lameroo Wellbeing Group	1:00pm – 3:00pm	Lameroo Bowling Club
Wednesday	Out N About (Monthly Group)	Time Varies	Location Varies
	This is me with Pride (Fortnightly Group)	1:00pm – 2:30pm	Murraylands Skylight Office
Thursday	Board Games & Social Art	9:30am – 12:00pm	Murraylands Skylight Office
	Cooking for One	1:00pm – 3:00pm	Murraylands Skylight Office
Friday	Social Arts & Crafts	9:30am – 12:00pm	Murraylands Skylight Office
	Beginners Music Group	1:30pm – 3:30pm	Murraylands Skylight Office
Saturday	Bowling Group	9:00am – 11:30am	Bridge Bowl

Please note all groups that have access to local centres, capital centre & non face-to-face costs apply for NDIS participants. Minimum of 3 participants required for all activities to run.

LOCATIONS

Murraylands Skylight Office

100 Adelaide Rd Murray Bridge, SA Murray Bridge SA 5253

Lameroo Bowling Club

Needs Tce Lameroo SA 5302

Bridge Bowl

6a Maurice Rd, Murray Bridge SA 5253

BOOKINGS & ENQUIRIES

Customer Relations Team

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skylight.org.au/eventsbooking