

ACTIVITY GROUPS METRO COMMUNITY TIMETABLE

Day	Activity	Time	Location
Monday			
Tuesday 	Art Group	1:30pm – 4:00pm	Clarence Park Community Centre
	Music Group	1:30pm – 4:00pm	Clarence Park Community Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Clarence Park Community Centre
Wednesday 	10 pin Bowling Group	11:00am – 1:00pm	Cross Road Bowling
	Art Group	1:30pm – 4:00pm	Goodwood Community Centre
	Music Group	1:30pm – 4:00pm	Goodwood Community Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Goodwood Community Centre
	Walking Group	2:00pm – 4:00pm	Goodwood Community Centre
	10 pin Bowling Group	1:45 – 3:45pm	Cross Road Bowling
Thursday			
Friday	Wellbeing and Meditation Basics	10:00am – 12:00pm	Skylight Mile End
	Games and Social Group	1:30pm – 4:00pm	Seaton North Neighbourhood Centre
	Basic Guitar	2:00pm – 4:00pm	Seaton North Neighbourhood Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Seaton North Neighbourhood Centre
	10 Pin Bowling	2:00pm – 4:00pm	Cross Road Bowling
	This is Me with Pride Week 1 and 3 of POS (Beginning 6/2/26)	2:00pm – 4:00pm	Skylight Mile End

LOCATIONS

Skylight Mile End

73 Henley Beach Road, Mile End,
South Australia 5031

Goodwood Community Centre

32/34 Rosa St
Goodwood SA 5034

Clarence Park Community Centre

72/74 East Ave
Black Forest SA 5034

Seaton North Neighbourhood Centre

16 Cairns Avenue
Seaton SA 5023

Cross Road Bowls

Cnr Cross Rd & Goodwood Rd
Westbourne Park SA 5041

BOOKINGS

Customer Relations Team

Ph: 8378 4100

bookings@skylight.org.au

skylight.org.au/eventsbooking

Please note all groups that have access to the centre, capital centre costs apply. Minimum of 3 participants required for all activities to run.

Contributions/donations can be paid by either cash or card at the site on the day of activity or in advance.