



ACTIVITY GROUPS METRO COMMUNITY TIMETABLE



Day	Activity	Time	Location
Monday			
Tuesday 	Art Group	1:30pm – 4:00pm	Clarence Park Community Centre
	Music Group	1:30pm – 4:00pm	Clarence Park Community Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Clarence Park Community Centre
Wednesday 	10 pin Bowling Group	11:00am – 1:00pm	Cross Road Bowling
	Art Group	1:30pm – 4:00pm	Goodwood Community Centre
	Music Group	1:30pm – 4:00pm	Goodwood Community Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Goodwood Community Centre
	Walking Group	2:00pm – 4:00pm	Goodwood Community Centre
	10 pin Bowling Group	1:45 – 3:45pm	Cross Road Bowling
Thursday			
Friday	Wellbeing and Meditation Basics	10:00am – 12:00pm	Skylight Mile End
	Games and Social Group	1:30pm – 4:00pm	Seaton North Neighbourhood Centre
	Basic Guitar	2:00pm – 4:00pm	Seaton North Neighbourhood Centre
	Cooking for One (\$5 contribution)	2:00pm – 4:00pm	Seaton North Neighbourhood Centre
	10 Pin Bowling	2:00pm – 4:00pm	Cross Road Bowling
	This is Me with Pride Week 1 and 3 of POS (Beginning 6/2/26)	2:00pm – 4:00pm	Skylight Mile End

Please note all groups that have access to the centre, capital centre costs apply. Minimum of 3 participants required for all activities to run.

Contributions/donations can be paid by either cash or card at the site on the day of activity or in advance.

LOCATIONS

Skylight Mile End

73 Henley Beach Road, Mile End,
South Australia 5031

Goodwood Community Centre

32/34 Rosa St
Goodwood SA 5034

Clarence Park Community Centre

72/74 East Ave
Black Forest SA 5034

Seaton North Neighbourhood Centre

16 Cairns Avenue
Seaton SA 5023

Cross Road Bowls

Cnr Cross Rd & Goodwood Rd
Westbourne Park SA 5041

BOOKINGS

Customer Relations Team

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skylight.org.au/eventsbooking