

The following is a listing of all Skylight Services that can be financed through NDIS plan, and the corresponding line items they use.

Some services may use different rates depending on the factors such as:

a) Your location in accordance to the Modified Monash Model (MMM). Your MMM can be determined at the following website: <u>https://www.health.gov.au/resources/apps-and-tools/health-workforce-locator/health-workforce-locator</u>

- b) The time of day that the support is delivered
- c) The day of the week that the support is delivered
- d) The intensity of the support
- e) Public Holidays

For services where such factors apply, all relevant line items are included. More information on code hierarchy can be found in the NDIS price guide.

If a service is marked 'Yes' in the travel column, this means that travel to and/or from the support will be charged in accordance with the NDIS price guide.

<u>Services</u>

Activity Programs

Our Activity Groups are a way for you to socialise, develop new friendships and explore a range of activities in your local community. We offer a broad range of programs such as art, music, cooking, movies, bushwalking, and many more.

These are all held in an inclusive and supporting environment, and are designed to energise and engage your creativity. Active & Social supports are financed through core funds.

Activities are billed at the following rates:



Support Item	Support Item Name	<u>Unit</u>	<u>National</u>	Remote	<u>Very</u>	<u>Travel</u>
Number					Remote	
04_600_0104_6_1_T	Group Activities - High Intensity - Weekday Daytime - TTP	Hour	\$71.83	\$100.56	\$107.75	Yes
04_601_0104_6_1_T	Group Activities - High Intensity - Weekday Evening - TTP	Hour	\$79.14	\$110.80	\$118.71	Yes
04_602_0104_6_1_T	Group Activities - High Intensity - Saturday - TTP	Hour	\$101.07	\$141.50	\$151.61	Yes
04_603_0104_6_1_T	Group Activities - High Intensity - Sunday - TTP	Hour	\$130.32	\$182.45	\$195.48	Yes
04_604_0104_6_1_T	Group Activities - High Intensity - Public Holiday - TTP	Hour	\$159.57	\$223.40	\$239.36	Yes
04_599_0104_6_1	Centre Capital Cost	Hour	\$2.44	\$3.42	\$3.66	No
04_799_0104_6_1	Provider travel - non-labour costs	Each	\$1.00			No
04_592_0104_6_1	Activity Based Transport	Each	\$1.00 or \$2.	No		

Individual Support

Skylight Support Workers will work with you to assist you to live a meaningful life as defined by you. Our workers provide support and work towards the goals that are important for you to achieve.

Whether you want support to access the community, meet new people, develop a new skill or get on top of your day-today life, your Support Worker will be there to assist you.

Core



Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
01_400_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Weekday Daytime - TTP	Hour	\$71.83	\$100.56	\$107.75	Yes
01_401_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Weekday Evening - TTP	Hour	\$79.14	\$110.80	\$118.71	Yes
01_402_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Saturday - TTP	Hour	\$101.07	\$141.50	\$151.61	Yes
01_403_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Sunday - TTP	Hour	\$130.32	\$182.45	\$195.48	Yes
01_404_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Public Holiday - TTP	Hour	\$159.57	\$223.40	\$239.36	Yes
01_405_0104_1_1_T	Assistance With Self-Care Activities - High Intensity - Weekday Night - TTP	Hour	\$80.60	\$112.84	\$120.90	Yes
01_799_0104_1_1	Provider travel - non-labour costs	Each	\$1.00	\$1.00		
04_400_0104_1_1_T	Access Community Social and Rec Activ - High Intensity - Weekday Daytime - TTP	Hour	\$71.83	\$100.56	\$107.75	Yes
04_401_0104_1_1_T	Access Community Social and Rec Activ - High Intensity - Weekday Evening - TTP	Hour	\$79.14	\$110.80	\$118.71	Yes
04_402_0104_1_1_T	Access Community Social and Rec Activ - High Intensity - Saturday - TTP	Hour	\$101.07	\$141.50	\$151.61	Yes
04_403_0104_1_1_T	Access Community Social and Rec Activ - High Intensity - Sunday - TTP	Hour	\$130.32	\$182.45	\$195.48	Yes
04_404_0104_1_1_T	Access Community Social and Rec Activ - High Intensity - Public Holiday - TTP	Hour	\$159.57	\$223.40	\$239.36	Yes
04_799_0104_6_1	Provider travel - non-labour costs	Each	\$1.00			No



04_592_0104_6_1	Activity Based Transport	Each	\$1.00	No
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CB – *Increased Social and Community Participation*

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
09_006_0106_6_3	Life Transition Planning Incl. Mentoring Peer- Support And Indiv Skill Develop	Hour	\$74.63	\$104.48	\$111.95	Yes
09_009_0117_6_3	Skills Development And Training	Hour	\$74.63	\$104.48	\$111.95	Yes
09_799_0106_6_3	Provider travel - non-labour costs	Each	\$1.00	1		No
09_590_0106_6_3	Activity Based Transport	Each	\$1.00			No
09_591_0117_6_3	Activity Based Transport	Each	\$1.00			No
09_799_0117_6_3	Provider travel - non-labour costs	Each	\$1.00			No

CB – Improved Daily Living

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
15_035_0106_1_3	Assistance With Decision Making Daily Planning and Budgeting	Hour	\$65.47	\$91.66	\$98.21	Yes
15_037_0117_1_3	Skill Development And Training including Public Transport Training	Hour	\$65.47	\$91.66	\$98.21	Yes
15_799_0106_1_3	Provider travel - non-labour costs	Each	\$1.00		No	
15_799_0117_1_3	Provider travel - non-labour costs	Each	\$1.00			No



Support Coordination

With Skylight, you will work with your own Support Coordinator, who is there to provide guidance and manage your NDIS budget. We work with you to discover the services and programs best suited to achieving your goals, negotiate agreements, service bookings or provide training so you can self-manage your support team.

Support Coordination services are financed through capacity building funds, and uses the following line items:

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
07_001_0106_8_3	Support Coordination Level 1: Support Connection	Hour	\$74.63	\$104.48	\$111.95	Yes
07_002_0106_8_3	Support Coordination Level 2: Coordination of Supports	Hour	\$100.14	\$140.19	\$150.21	Yes
07_004_0132_8_3	Support Coordination Level 3: Specialist Support Coordination	Hour	\$190.54	\$266.75	\$285.81	Yes
07_799_0106_6_3	Provider travel - non-labour costs	Each	\$1.00			N
07_799_0132_8_3	Provider travel - non-labour costs	Each	\$1.00			N

Psychosocial Recovery Coaching

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
07_101_0106_6_3	Psychosocial Recovery Coaching - Weekday Daytime	Hour	\$98.30	\$137.62	\$147.45	Yes
07_102_0106_6_3	Psychosocial Recovery Coaching - Weekday Evening	Hour	\$108.31	\$151.63	\$162.47	Yes



07_103_0106_6_3	Psychosocial Recovery Coaching - Weekday Night	Hour	\$110.31	\$154.43	\$165.47	Yes
07_104_0106_6_3	Psychosocial Recovery Coaching - Saturday	Hour	\$138.33	\$193.66	\$207.50	Yes
07_105_0106_6_3	Psychosocial Recovery Coaching - Sunday	Hour	\$178.36	\$249.70	\$267.54	Yes
07_106_0106_6_3	Psychosocial Recovery Coaching - Public Holiday	Hour	\$218.38	\$305.73	\$327.57	Yes
07_501_0106_6_3	Activity Based Transport	Each	\$1.00			No
07_799_0106_6_3	Provider travel - non-labour costs	Each	\$1.00			No

Therapeutic Services

Our Therapeutic Services included individualized counselling and group-based therapy. We will work with you to develop coping strategies and discover areas of your life that require attention and care.

Our support aims to reduce the impact of stress and anxiety, improve resilience, self-knowledge, well-being and quality of life. All our services are developed and delivered by registered counsellors, clinicians or therapy assistants. Therapeutic Services are financed from capacity building funds, and use the following line items:

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
15_043_0128_1_3	Assessment Recommendation Therapy or Training - Counsellor	Hour	\$156.16	\$218.62	\$234.24	Yes
15_054_0128_1_3	Assessment Recommendation Therapy or Training - Psychologist	Hour	\$234.83	\$328.76	\$352.25	Yes



15_615_0128_1_3	Assessment Recommendation Therapy or Training - Music Therapist	Hour	\$193.99	\$271.59	\$290.99	Yes
15_610_0128_1_3	Assessment Recommendation Therapy or Training - Art Therapist	Hour	\$193.99	\$271.59	\$290.99	Yes
15_056_0128_1_3	Assessment Recommendation Therapy or Training - Other Professional	Hour	\$193.99	\$271.59	\$290.99	Yes
15_799_0128_1_3	Provider travel - non-labour costs	Each	\$1.00	•		No

Short Breaks

Our short breaks program gives you the opportunity to step away from your day-to-day life; relax and refresh, learn new skills, focus on your well-being and socialise. We focus these breaks around your recovery. We can accommodate up to three people, plus one Skylight staff member.

Short Breaks are financed from core funds, and uses the following line items:

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
01_045_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 - Weekday	Day	\$663.07	\$928.30	\$994.61	No
01_051_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 - Saturday	Day	\$804.39	\$1,126.15	\$1,206.59	No
01_052_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 - Sunday	Day	\$977.49	\$1,368.49	\$1,466.24	No



01_053_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 - Public Holiday	Day	\$1,150.59	\$1,610.83	\$1,725.89	No
01_054_0115_1_1	STA And Assistance (Inc. Respite) - 1:2 - Weekday	Day	\$1,119.89	\$1,567.85	\$1,679.84	No
01_055_0115_1_1	STA And Assistance (Inc. Respite) - 1:2 - Saturday	Day	\$1,402.53	\$1,963.54	\$2,103.80	No
01_056_0115_1_1	STA And Assistance (Inc. Respite) - 1:2 - Sunday	Day	\$1,748.73	\$2,448.22	\$2,623.10	No
01_057_0115_1_1	STA And Assistance (Inc. Respite) - 1:2 - Public Holiday	Day	\$2,094.93	\$2,932.90	\$3,142.40	No
01_058_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Weekday	Day	\$2,033.53	\$2,846.94	\$3,050.30	No
01_059_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Saturday	Day	\$2,598.81	\$3,638.33	\$3,898.22	No
01_060_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Sunday	Day	\$3,291.21	\$4,607.69	\$4,936.82	No
01_061_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Public Holiday	Day	\$3,983.61	\$5,577.05	\$5,975.42	No
01_062_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 - Weekday	Day	\$815.34	\$1,141.48	\$1,223.01	No
01_063_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 - Saturday	Day	\$1,003.77	\$1,405.28	\$1,505.66	No
01_064_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 - Sunday	Day	\$1,234.57	\$1,728.40	\$1,851.86	No
01_065_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 - Public Holiday	Day	\$1,465.37	\$2,051.52	\$2,198.06	No



Carer Support

At Skylight, we value the contribution of family, friends and other informal supports. We also recognize the toll that this can take, and the need for carer support.

Our Carer Support programs aim to assist people who are supporting a loved one with mental illness. We offer a number of short courses for carers and family members. As well as the person themselves who is living with the mental illness.

Courses are led by facilitators; many of whom with lived experience of being a carer. These programs provide practical insight and interventions to negotiate challenges created by mental illness.

Carer Support are financed through capacity building funds, and is billed at the following line items:

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
15_038_0117_1_3	Training For Carers/Parents	Hour	\$74.63	\$104.48	\$111.95	Yes
15_799_0117_1_3	Provider travel - non-labour costs	Each	\$1.00			No

Plan Management

NDIS Plan Management is a way for you to control your choices, plan your support and achieve your goals. At Skylight, we manage your NDIS plan with you – handling your budget, reporting and invoicing – so you can focus on your journey

Plan management services are billed from capacity building funds, and use the following line items:



Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
14_033_0127_8_3	Plan Management And Financial Capacity Building - Set Up Costs	Each	\$232.35	\$325.29	\$348.54	No
14_034_0127_8_3	Plan Management - Financial Administration	Month	\$104.45	\$146.23	\$156.67	No

Establishment Fees

Support Item Number	Support Item Name	Unit	National	Remote	Very Remote	Travel
01_049_0104_1_1	Establishment Fee For Personal Care/Participation	Each	\$654.70	\$916.58	\$982.05	No
01_049_0107_1_1	Establishment Fee For Personal Care/Participation	Each	\$654.70	\$916.58	\$982.05	No