

Job Description



OUR ORGANISATION

Skylight Mental Health (Skylight) is a community based, not for profit organisation, which provides a range of education, support, rehabilitation and recovery based services and programs for people with mental illness, their carers (family and friends) and the community. Skylight programs are delivered utilising “lived experience” of people with mental illness and carers, and according to a psychosocial rehabilitation model and recovery philosophy and practice.

Skylight’s objectives include promoting greater community knowledge, awareness, support and understanding of the effects of mental illness on individuals and their carers. These objectives are pursued through research, illness management, support, reducing stigma and advancing the rights of people with a mental illness and their carers. Skylight is a member organisation of MIFA (Mental Illness Fellowship Australia, www.mifa.org.au), a national body with branches across states and territories in Australia. For more information about Skylight services and programs go to www.skylight.org.au

OUR VISION, MISSION and VALUES

OUR VISION is a South Australian community which understands mental illness and responds with confidence, respect and hope.

OUR MISSION is to increase opportunities to achieve good mental health, to promote acceptance of mental illness in the community and provide quality services for people with mental illness, their family and friends.

OUR VALUES: Show Respect, Foster Team, Create Quality, and Embrace Opportunity.

KEY PERFORMANCE AREAS

All Skylight employees are required to meet at least the minimum level of satisfactory performance in the following areas within the context and performance of their positions:

Organisation:	Skylight and our strategic goals, including positive culture, policies, procedures and legislative requirements
Program/Work Area:	Program/Work Area tasks & responsibilities
Team:	Working relationships within Skylight teams
Individual:	Individual performance areas
Supervisor:	Working relationship with your direct supervisor
Leadership:	Additional responsibilities which apply to Team Leaders, Coordinators, Specialists and Managers who participate in Leadership Group meetings at Skylight

Job Description



POSITION SUMMARY

TITLE:	Mental Health Clinician (Accredited Mental Health Social Worker, Registered Psychologist or Mental Health Occupational Therapist)
PROGRAM/WORK AREA:	Service Delivery
AWARD:	Social, Community, Home Care and Disability Services Industry Award 2010

Skylight Services deliver a range of recovery oriented community mental health services by working alongside people experiencing mental illness, family and friends who care for them, and the broader general South Australian community. Skylight Services are developed with input from participants to ensure responsive, effective services which build on strengths, increase resilience and improve mental health. Services include individual support, carer services, therapeutic groups, social and recreational activities, together with information, education, advice and referral.

Skylight currently delivers services across a range of sites in South Australia in line with strategic business goals through block funding, NDIS revenue streams, sponsorship and fee for service income. Under the general direction of the Team Leader, the Mental Health Clinician will work as part of a multidisciplinary mental health team to assist in the development, delivery and evaluation of high quality therapeutic services. The Mental Health Clinician will contribute to a collaborative and flexible team culture, to build and maintain respectful and compassionate relationships with program participants. This will include working closely with community partner organisations and key stakeholders in a range of locations, including Skylight sites, community centres, local community settings, within people's homes and residential group accommodation.

SPECIAL CONDITIONS

Hours of work will be between 8.00am to 9.00pm Monday to Friday. The roster may also include, Saturday, Sunday, and public holiday shifts. The Mental Health Clinician position may require flexible work hours. Flexible work hours are subject to the needs of the program as negotiated, with time off in lieu provided where additional hours are worked to maintain an average of allocated hours per week. The Mental Health Clinician will work across metropolitan locations.

DHS Working With Children check and NDIS Worker Check are required prior to appointment.

The Mental Health Clinician may be required to use their own registered, insured and fully maintained motor vehicle and will be compensated for mileage at the Award rate.

Job Description



DUTIES

- Provide clinical mental health services
- Participate in the development and delivery of the Therapeutic Services program suite and related internal processes
- Adopt a lead role in the building and development of Skylight's Clinical (Therapeutic Services) program suite; this will include internal process development and improvement, community networking and other tasks relevant to the project
- Attendance at team meetings and external meetings across Metropolitan sites
- Foster and maintain relationships with external stakeholders to ensure good communication and clear referral pathways
- Participate in community engagement activities as directed and promote the mental health and wellbeing of the community
- Provide internal and external training as relevant
- Maintain up to date mental health knowledge and engage in regular internal and external supervision and annual performance appraisals to ensure ongoing professional development
- Contribute to the high standard of service provided by Skylight by participating in relevant meetings, delivering programs consistent with Skylight's strategic plan, policies and procedures and participating in continuous quality improvement activities
- Plan, develop and implement special projects and events as directed by the CEO or delegate to meet specific and identified needs. This may include working within or alongside other Skylight Programs/Work Areas from time to time to achieve Skylight's strategic goals

Job Description



SELECTION CRITERIA

Skills, Knowledge and Experience

- Ability to provide evidence confirming current Accredited Mental Health Social Worker, Registered Psychologist or Mental Health Occupational Therapist status
- Eligibility for registration to provide services under Medicare
- A current and full registration with the appropriate registration authority (AASW, AHPRA, APA)
- At least three years supervised experience working in Australia in the area of mental health
- Experience in delivering person-centered therapy, trauma-informed practice, cognitive behavior therapy, motivational interviewing, goal setting, strengths-based practice, family sensitive practice and other evidence based interventions
- Proven ability to design and implement psychological interventions for individuals based on an understanding of current theoretical concepts within mental health sciences and their application to mental health issues and problems
- Ability to work flexibly between delivering therapeutic services and internal process improvement
- A high level of communication skills including the ability to communicate effectively, both orally and in writing with clients, internal and external agencies and community members
- Ability to work both independently and as a member of a multidisciplinary team
- Ability to model appropriate, positive and professional behavior at all times
- Sound understanding of, and ability to comply with, organisational operations and workplace policies and practices, e.g. Equal Opportunity and WHS
- Sound understanding of Professional Codes of Conduct and Ethics: aware of and practicing within relevant Federal and State Legislation and the relevant Professional Code of Practice, Conduct and Ethics
- Understanding of responsibilities regarding reporting to the DHW Adult Safeguarding Unit
- Current Safe Environments for Children and Young People (or willingness to obtain)
- Current SA Drivers License and willingness to use own registered, insured (at a minimum Third Party Property Damage Insurance) and fully maintained motor vehicle for work purposes